



*November, 2020*  
*Issue #5*

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**Ministry Purpose:**

To equip, inform and inspire to nobler services as we share the gospel of Jesus Christ and the gift of salvation.

**Ministry Mission Statement:**

Kingdom Women vigorously seek the Kingdom of God and His righteousness. This requires earnest endeavor and diligent faith, spiritual warfare that includes the will to resist Satan and sin; and to hunger and thirst for the Word of God. Together, we will intercede through fasting and prayer for the lost, the family and the community. We serve God with whole hearts and willing hands, performing good deeds that please the Father. We will walk in love and protect the spirit of unity through the bond of peace among the sisters as we follow Christ Jesus.

**Foundational Scripture:**

Esther 4:14-17

# *Sister to Sister News*

## **WE HAD IT ALL WRONG**

Sometimes when I meditate on where God has brought me from...I find it amazing how God brought about the growth in my spiritual life... I believe that is what happened for me and my husband when it came to tithing. I was raised as a Reformed Presbyterian and my husband was raised as a Catholic. Neither of these denominations placed a strong emphasis on tithing. Actually, I don't recall any emphasis on tithing.

In the late 1980s, we were raising our three young children and decided to join a Baptist Church. Even as we became more consistent in our worship, we were consistent givers, not tithers. In the early 1990s our Church started placing an emphasis on tithing. After some of the sermons, I remember some of the discussions with my friends. We all had young growing kids, which took quite a bit of our money, so how in the world were we to tithe? The most popular discussion was whether to tithe on the gross income (i.e., the amount before taxes) versus the net income (i.e., the amount after taxes). But the advice I remember vividly was a friend who said to me, "You know Charlean, the Lord knows your heart, and if you were to figure out how much you're giving now and then increase it each year until you get to the tithe, the Lord will be pleased with your effort." Now this may not have been biblical, but I felt that doing something was better than doing nothing. So, I began to move toward tithing.

Close to the mid-1990s our church started a three-year stewardship drive to renovate our church building. During this time a Christian fundraiser, Dr. Norman, was hired. As part of this drive, families were asked to make sacrificial offerings – the theme was "NOT EQUAL GIVING, BUT EQUAL SACRIFICE", based on Nehemiah's burdened desire to rebuild Jerusalem's wall (Nehemiah Chapters 1 & 2). Over weeks of small and large group sessions, we were encouraged to pray and decide on our sacrificial pledge. My husband and I dug through our finances for things we were going to give up, because it



**Fort Foote Baptist Church**  
8310 Fort Foote Road,  
Fort Washington, MD 20744  
301/839-1343  
Rev. Dr. Joseph W. Lyles, Pastor



had to be a sacrifice. We went from three movie channels down to one. Our kids still remind me how under-privileged they were, because they never had McDonald's Happy Meals, but instead we bought the 20-piece nuggets and split them between the three of them.

At the stewardship kickoff event, my husband and I made one of the largest pledges of the congregation, even as we continued to be consistent givers. As the church neared the end of the campaign many of the pledges were unfulfilled, so our church decided to extend it for another two years.

At the beginning of this second drive, the congregation was asked to make a second pledge...either to finish the first pledge or make a new one. Dr. Norman returned to kick-off the second campaign. Our church held a special event to bring in the new members who had joined since the first Kickoff. At this service Dr. Norman preached about "EVERYTHING BELONGS TO GOD." Now, I knew this....but it was for me an Aha! moment...a new revelation...as if I was hearing this for the first time. When my husband and I talked later that evening, there was an immediate agreement that we had it all wrong. It was as if God reached us both at the same time. It wasn't about the money at all, it was about our hearts. Once we acknowledged God to be first in our lives and hearts, it became easier to recognize that everything we had belonged to God and to give our tithes. Before that second drive was over, we became tithers and God blessed us to make and complete an even larger pledge, than we had made initially.

That was more than 25 years ago and GOD HAS BEEN FAITHFUL! Kingdom Women, we are all works in process...be blessed. Matthew 6:19–21 (ESV) "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also." *Author: Charlean Sandidge*

## THE SPIRITUAL JOURNEY OF JOURNALING

Throughout the ages, men and women have kept a record of their lives: Cave drawings of prehistoric times, hieroglyphics on the walls of Egyptian pyramids, scribes during Biblical times, regency European's obsession with recording romance, relationships and travel through journaling and even Native American drawings on caves and pelts.



**Christian journaling is creating a written record of God's involvement in your life:**

- **Legacy of Faith:** *Isaiah 30:8 – Go now, write in on a tablet for them, inscribe it on a scroll, that for the days to come it may be an everlasting witness.*
- **As a Reminder that God is Intimately Involved in Your Life – Jeremiah 30:2 – This is what the Lord, the God Israel, says: Write in a book all the words I have spoken to you.**

### **The Benefits of Journaling:**

- **Faith Builder** - You'll create a record of what God's has done for you so that when you are going through you can look back on what God's already done and be encouraged that He will get you through whatever challenge you now face.
- **We become Transparent to Ourselves** – You'll discover truths about yourself you might not otherwise have learned – pouring your feelings on paper releases you to be more objective about your situation, how you handle it or decisions you need to make because of it.
- **A Blessing to Your Family** – You'll leave a documented part of yourself that your future generations can learn from or be inspired by
- **A Freeing Exercise of Expression** – when you put your feelings into words, it somehow releases you to more objectively view your situation and resolution options.

### **There is no “Right” or “Wrong” way to Journal:**

- Your journaling style should reflect YOU and your unique relationship with God.
- Begin in prayer
- Write honestly about what is on your mind and heart – don't think about what to write – just write what you feel
- Don't worry about making mistakes
- Date every entry
- Read over what you've written and meditate afterwards – listen to what God has to say about your situation
- Add applicable scripture references
- Establish your own personal prayer list & make notations when your prayers have been answered
- Record your after-thoughts or insights you may receive from God
- Be thankful for this precious time with God
- End in prayer

### **Here are Some Quick “Get you Started” Prompts to Journaling:**

- Today I was upset because . . .
- Something happened today that made me feel . . .
- Lord, I am having a hard time believing . . .
- Father, I feel guilty because . . .
- I'm so angry because . . .
- Father, thank you for . . .
- Lord, pray for . . .
- Jesus, help me, my husband, my friend, my child . . .
- I am frustrated because . . .
- God, what are you doing?
- Jesus, I need to feel your presence because I'm . . .



Yes, anyone can journal because you are writing about what you are feeling and what you've experienced as only you can do. Journaling can be an on-going blessing, it can bring encouragement and comfort to you and be a legacy to your decedents, but most importantly it can be very special, regular and intimate time with the Lord.

**Author: Liz LaGrange Smith**

## 8 Inspiring Messages For A Christian (Sister) Trying To Stay Strong In Faith

By Marisa Donnelly



- 1. God is with you, wherever you wander.** *“Neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.” Romans 8:39 (NIV).* Sometimes we get caught up in our sin. We all have moments where our mistakes take control, where our hearts are weighed down with heaviness, when we feel so far away from God. But here’s the thing: God sees all of that. He sees our mess, our brokenness, our guilt and He loves us anyway. ***There is nowhere we can go to hide from His love. There is no point in our lives where He sees us as undeserving or unworthy of love. There is nothing we can do to separate ourselves from Him.*** So even when you feel like you’ve gone so far from His grace, know that He hasn’t left your side. Know that all you need is to ask for forgiveness, to clean your heart, and to trust in Him to lead you out of temptation and back into healing and light.
- 2. You can find strength in His name.** *“I can do all this through him who gives me strength.” Philipians 4:13 (NIV).* There will be moments when your faith falters, when you’re lonely or exhausted or just plain sad. There will be moments where grief grabs ahold of you and crumbles you to the ground, where all that you’ve believed feels empty, and when each breath feels like a chore. But in these moments, you will find redemption and power in His name. In these moments, if you choose to follow Him, He will guide you away from the heartbreak, the loneliness, the death, the loss, the toughest moments of your life, and back into His arms. ***God’s word and love will give you strength, even when you feel empty.*** So trust Him. Give Him control. Give Him your fears and anxieties and aches. Give Him all of you, and allow Him to work His beauty and grace into your life. Let Him remind you that you are a child of God.
- 3. You are loved, even on your darkest days.** *“For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life.” John 3:16 (NIV).* God loves you so much. He loves you enough to give His Son for you, to watch His Son die for you, to put the sins of the world on His back for you. ***That is incredible love.*** Some days you may feel undeserving, blemished, bruised. But God doesn’t see you that way. He sees how you haven’t measured up; He sees the sin you carry and commit, but more importantly, He sees forgiveness. He sees you as His son or daughter. He sees you as His creation, and there is nothing you can do to remove that beautiful image from His mind. ***On your darkest days, remember that He is with you. Remember that He loves you. Remember that He will never forsake you.*** Remember that His Son died for you, and all you need to do is repent and believe in Jesus and the forgiveness of sins. Then be cleansed, renewed, replace dark with light, and start again in His name.
- 4. He will guide you out of temptation if you trust Him.** *“You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.” 1 John 4:4 (NIV).* Temptation is all around us. It will knock at your door, it will bang on your window and it will try to sneak its way into your heart. But when you feel lost or that your faith is wavering, when you feel like your guard is slowly breaking down - pray, trust. Know that God is stronger than any temptation, and if you trust Him, he will rescue you.
- 5. You serve an Almighty God.** *“Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and His understanding no one can fathom.” Isaiah 40:28 (NIV).* Our God is so big. He is bigger than any pain we may experience, any evil we may face, any hardship that

tries to break us into little pieces. He is bigger than our fear or failure. He is bigger than any doubt. When you feel like your world is spinning out of control, when you're unsure whether you have the strength to continue, remember that God has you in the palm of His hand. Wherever you go or whatever you do, He is with you - and that will never change.

*Faith* IS NOT KNOWING  
WHAT THE FUTURE HOLDS,  
BUT KNOWING  
*who holds the future.*

6. **You have not been abandoned.** *“Love one another with (sisterly) affection. Outdo one another in showing honor.” Romans 12:10 (ESV).* Not only is God always with you, but you are surrounded by a community of Believers. There are so many people who care for you, who have good intentions with your heart, who long to protect and love and support you when you're low. Reach out to these people. Be open to their help. Solicit advice and kindness when you need it. Build friendships. Open your heart. **You were never meant to face this world alone.** Talk to the people you sit by at church. Extend a helping hand to someone who's struggling. Pray for a stranger, for a friend, for someone you've never met. Know that God intended His community to be here on earth and build those connections all around you. You are never alone.
7. **God sees the good you are doing.** *“God is not unjust; He will not forget your work and the love you have shown Him as you have helped His people and continue to help them.” Hebrews 6:10 (NIV).* It can be so easy to fall into the trap of feeling not good enough. Whether it be a kindness gone unnoticed, a tired ache after a long day, feeling like you're never measuring up, or that God doesn't care - it happens to all of us. But often this is because we're too focused on ourselves to see that God is blessing us in so many ways, and often in different ways than we expect. We should always do good; not because we want it returned to us, but out of the kindness of our hearts. We should allow God's love to fill us and shine through us. We shouldn't be hoping for a reward. But we should also know that God *does* see the positive things we are doing; a good deed, in His eyes, doesn't go unnoticed. He loves us and hasn't forgotten us.
8. **Your faith is more powerful than your fear.** *“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” John 14:27 (NIV)* This world will give you so many unknowns - whether that's career-wise, love/relationship-wise, health-wise, status-wise, or even where you call home. There are moments you can't plan for, whether that has to do with your loved ones, your decisions, or how moments play out around you. In those moments you can fold, you can be anxious, you can live with regret or fear, *or you can trust God.* **Let your faith in the Father be bigger than any fear.** Even when times are tough, even when you're unsure where to go, even when you're filled with doubt, know that God has a plan. Know that God isn't just going to leave you in the dust. This world might not always make sense, and your prayers might not be answered in the way you hope, but that doesn't mean He's ignoring you. Perhaps an unanswered prayer is a blessing you never know you needed. Perhaps a closed door is an opened one down the road. Perhaps the pain you're feeling is a powerful lesson in strength. Perhaps you simply need a reminder that you serve an all-powerful God.

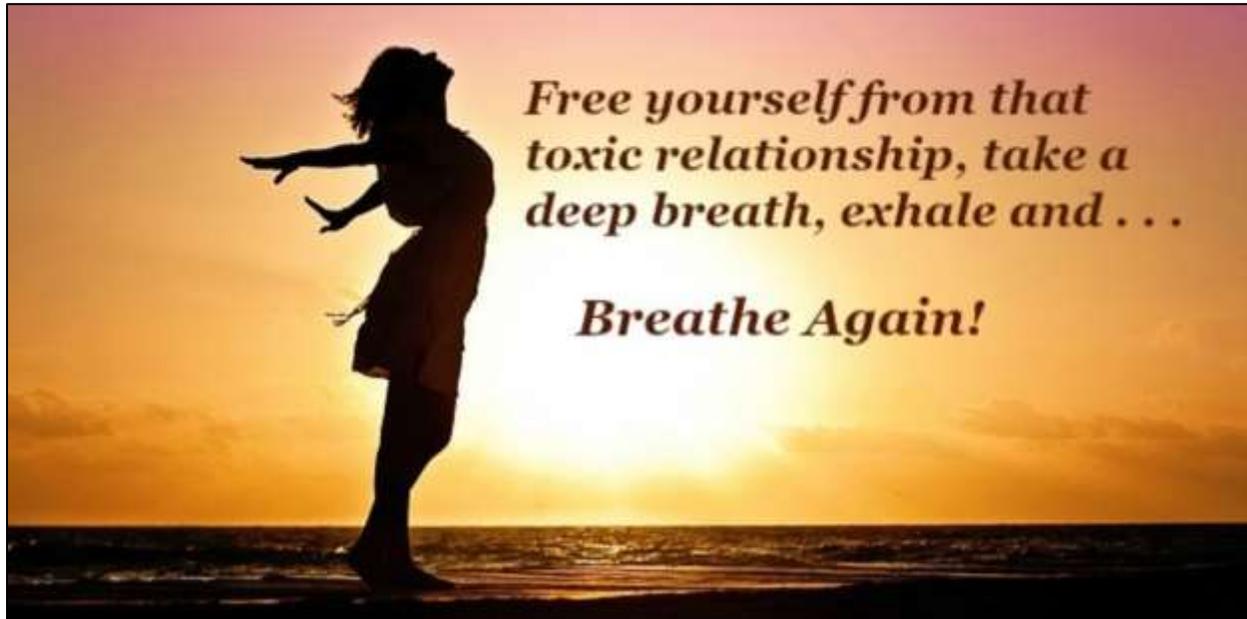
<https://thoughtcatalog.com/marisa-donnely/2017/08/8-inspiring-messages-for-the-christian-trying-to-stay-strong-in-faith/>

*Happy Thanksgiving!*

“...in everything give thanks; for this is the will of  
God in Christ Jesus for you.”  
1 Thessalonians 5:18, NKJV

## **A PRAYER FOR THE TOXIC PEOPLE IN YOUR LIFE**

*But to you who are listening I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. – Luke 6:27-28*



### ***GOD OFFERS HEALING AND FREEDOM TO EVERYONE.***

God created those who hurt us. He has a good plan for their lives. He knows the “why” behind their destructive behaviors. He knows the lies they believe about themselves. He knows what stands in the way of their wholeness. He is a Shepherd who pursues every sheep that wanders away from all He offers.

What would delight our God more than for us to turn our minds away from the problems and focus on Him? He is our solution. Praising God is a powerful first line of defense. We can worship and adore Him, our wonderful counselor and supreme relationship expert.

**Holy God. You are full of mercy and compassion, slow to anger and full of love. You love imperfect people extravagantly. Father, I may be blind to my own role in toxic relationships. Help me see the truth about myself. Apply the healing power of Your Word to my heart and mind. Deliver me from any stronghold that causes me to harm people with my words and actions. Save me from self-destructive patterns.**

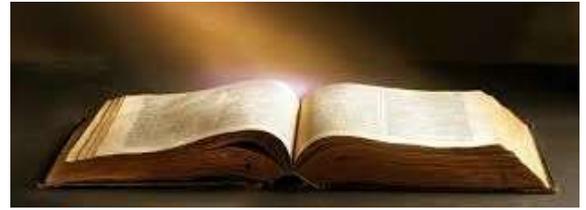
**I struggle in my relationship with *(add name)*. I need You to give me wisdom on how to love them well. You are my shield and defender. Show me how, when and where to erect boundaries in our relationship. I believe You are my healer and I trust You to guard my heart and mind.**

**Help me to love *(add name)* courageously. Fill me with Your truth and compel me to fearlessly tell the truth with love. Let Your perfect love cast out all of my fears related to our relationship. I surrender what I think our relationship should be. Please transform it so that it honors You. In Jesus' Name, Amen.**

*Written by Jennifer White - Submitted by Roslyn Murphy*

# Prime Timer's Wisdom

## Refreshing Your Bible Memory Divisions of the Bible:



### THERE ARE 66 BOOKS IN THE HOLY BIBLE:

- Old Testament – 39 Books
- New Testament – 27 Books

### OLD TESTAMENT:

- I. Pentateuch – The First Five Books – (Genesis – Deuteronomy)
- II. Historical – (Joshua – Esther)
- III. Poetical (Poetic Books) – Job, Proverbs, Ecclesiastes, Psalms, Lamentations, Song of Solomon
- IV. Prophetical:
  - a. Major Prophets (5) – Isaiah, Jeremiah, Lamentations Ezekiel and Daniel

- b. Minor Prophets (12) – Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zephaniah and Malachi

### NEW TESTAMENT:

- I. Gospel:
  - a. St. Matthew – St. John
  - b. Synopsis – St. Matthew, St. Luke & St. John
- II. Historical:
  - a. Acts
- III. Epistles:
  - a. Romans - Jude
- IV. Revelations

*Submitted by: Deaconess Emeritus Erma Boyd Hines*

## Don't Forget "Momma Knows Best" Is Ready to Serve YOU!

*Momma Knows Best is based on Proverbs 9:10 "Fear of the Lord is the foundation of wisdom, knowledge of the Holy One is good judgement." (NLT)*

"*Momma Knows Best*" is your opportunity to submit questions anonymously about sensitive and intimate subjects and receive wise and godly counsel. It is a two-way dialogue between women of all ages to share and discuss topics in the journey of life. From shared experiences, we will grow and learn spiritual insights to handle all of life challenges. Ladies, feel free to share your reflections in the journey of life.

You can expect a response within 3-5 business days. With your permission, questions and responses will be posted in the **Kingdom Women's Monthly Newsletter**, or they will be kept confidential, if permission is not received. The *Momma Knows Best* Submission Form can be found on our new **Kingdom Women Ministry Web Channel** at <http://www.fortfootebc.org/kwm>.

If your need or concern is beyond the expertise or authority of the *Momma Knows Best* Team, it will be referred to the Church for assistance.



## Upcoming Events

**December 12, 2020 – Millennial Fellowship & Community Outreach**



## ***Kingdom Women Ministry Weekly Prayer Call***

***Every Thursday 7:14 p.m. until 7:30 p.m.***

***Dial Teleconference***

***Call Number***

***4***

***25-436-6357***

***Access Code -543895#***

### **THE KWM WEB CHANNEL - THE PRAYER ROOM**

How can we pray for you? Do you have a praise report? Our Prayer Team prays over each prayer request believing God to hear and to answer prayers. When God answers your prayer request, please share your praise reports so we can rejoice with you in glorifying God. You can email [kingdomwomen@fortfootebc.org](mailto:kingdomwomen@fortfootebc.org) with any questions or concerns. **Prayer requests can be submitted directly via the KWM Web Channel** - [Fort Foote Baptist Church - Fort Washington, MD: Kingdom Women Ministry: KW Prayer/Praise Request \(fortfootebc.org\)](#)

#### **Hi Ladies:**

With the upcoming **Christmas Holiday**, please share some of our Holiday favorite recipes & cooking tips.

Some examples are:

- One of my favorite Christmas recipes is . . .
- Advise on cooking a particular dish . . .
- When cooking my collard greens I . . .
- When baking macaroni and cheese do the following . . .
- How to make the top of your sweet potatoes sweetly crunchy . . .



Submit your Christmas recipes & cooking tips to: [elagrangsmith@gmail.com](mailto:elagrangsmith@gmail.com) – Submission deadline for posting in our December KWM Newsletter is December 4<sup>th</sup>.

***Come on let's get to cooking! Submitted by Peggy Minor***





## **“Bobbyetta Bites”**

### **Louisiana Shrimp Stuffed Heavenly Eggs**

#### **Ingredients**

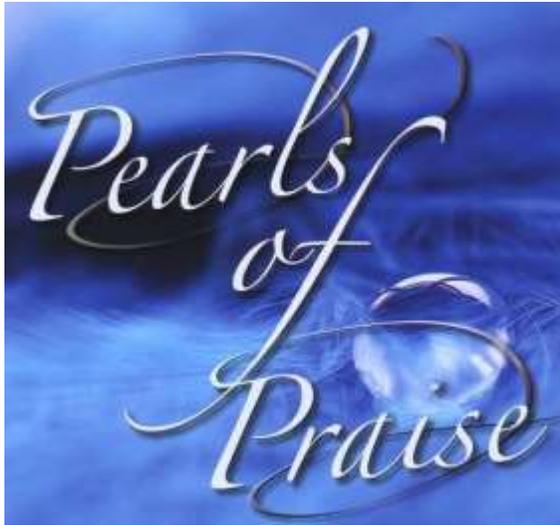
- 12 large or extra-large Eggs hard-boiled and peeled
- 1/4 cup Hellman’s or Duke’s mayonnaise
- 1 tbsp creole Mustard or Stone Ground
- Black Pepper and Louisiana Hot Sauce to taste
- 8 large or extra-large Shrimp
- 2 tablespoons of Margarine
- 2 tablespoons of Chives
- 2 cloves Garlic minced
- 2 tsp Green Onions finely chopped
- ½ tsp Creole Seasoning
- ¼ tsp Rosemary
- Dash of Paprika



#### **Instructions**

1. Boil, cool, and peel eggs. Halve eggs lengthwise and remove yolks. Place in a medium bowl.
2. Mash yolks with a fork and stir in mayonnaise, mustard, black pepper and Louisiana Hot Sauce.
3. Melt margarine in a skillet, on medium heat. Add in garlic, green onions, creole seasoning, rosemary, chives and shrimp. Cook and stir for approximately 4 minutes. Remove from heat and let cool.
4. Chop shrimp into small pieces.
5. Add shrimp mixture to bowl with yolks and mix. Stuff each egg generously with egg yolks and shrimp mixture.
6. Garnish with additional green onions and a dash of paprika.
7. Enjoy!

*Submitted by Bobbyetta Mathews*



## “SENSE IT”

Tasha Cobbs Leonard

<https://youtu.be/e-CnYmsYaIM>

*Highlight above link right click + open*

## "Sense It"

I can sense it. I can sense it.  
Somethings changing.  
The glory of the Lord is in this place

I've been searching for the location.  
The place where God has fixed my  
situation.

There is no pain or sickness there.  
I feel my healing, I'm finally here.

I can sense it. I can sense it.  
Somethings changing.  
The glory of the Lord is in this place

So God, make me your example.  
Make me a miracle. I'll be the miracle.

Show us a miracle  
I'll be the miracle  
Show us a miracle.  
I'll be a miracle.

We are waiting, anticipating, the  
miraculous.  
Show us miraculous.

I am not the same,  
I've been changed in your glory  
In your glory

I am not the same,  
I've been changed in your glory  
In your glory

### Places in the New Testament

D N Z K F B E P H E S U S J Q E M O R X  
U Q M G H A E I R O J H O S M T J C H K  
L J V S W Y N U C V G C M V R L P O M I  
N X M I Y R U P V Q M O F H S V R L Y D  
B I T P Q U A M L E I I Y G Y X F O X Q  
N Z E E V U B S M F V T P Z U Z E S V O  
Y S G P B Q F N Y B F N D F W H R S Y E  
S R Z J Z P G E P C J A J C P F M A G I  
I J H X W A T H I I Y S M N B E U E D W  
B X L J L Q Y T R K Q R H T R V A M M P  
I K A A A P H A H T A E Y Y E J N U E A  
W V T V A C I N O L A S S E H T R M H R  
P I O U V R S P H Z Y U B D N H E A E T  
A B Y U N S U C S A M A D A L G P G L S  
O U K T C W B Z T S B V Z M S Z A R H Y  
X Z J E R V F K L H L A H L A O C E T L  
H C N A U O B Z C U R C M D G I I P E M  
M W B E N M A R U E P H I L I P P I B O  
L S A R D I S S T P R U C O R I N T H W  
D P T I E Y X H M I L E T U S A P P O J

Antioch  
Athens  
Bethlehem  
Capernaum  
Colossae  
Corinth

Damascus  
Ephesus  
Galatia  
Joppa  
Lystra  
Miletus

Nazareth  
Pergamum  
Philippi  
Rome  
Sardis  
Thessalonica  
Troas

©A Kid's Heart at [akidsheart.com](http://akidsheart.com)

Live  
Laugh  
Love



"I don't know all Ten Commandments.  
The only ones I remember are 'settle down',  
'act your age' and 'take that out of your mouth'."

## 2020 Kingdom Women Ministry Leadership Committee

Name	Phone	Email
Sheila M. Lyles, <i>First Lady, Ministry Overseer</i>	N/A	smlyles@comcast.net
Rev. Betty Horton-Hodge, <i>Chair</i>	301-351-8590	bettyhortonhodge@verizon.net
Rev. Brenda Allen, <i>Spiritual Advisor</i>	301-526-6612	Minbren14@gmail.com
Deaconess Gwen Wooten, <i>Sunshine Committee Member</i>	301-922-7254	gwenwooten00@comcast.net
Deaconess Beverly Inman, <i>Deaconess Liaison</i>	202-486-7907	beverlyinman1122@gmail.com
Peggy Minor, <i>2nd Vice Chair &amp; Praise &amp; Worship Lead</i>	301-577-0750	pminor2@verizon.net
Brenda Dawson, <i>Healthy Lifestyles Committee Lead</i>	240-298-1586	Brenda_gatling@yahoo.com
DaNita Bowe, <i>Treasurer &amp; Hospitality Committee-Food Lead</i>	301-741-6709	dboweone@yahoo.com
Vicki Lyles, <i>Hospitality Committee-Decorations Lead</i>	301-283-1316	vvlewis@ccboe.com
Elizabeth LaGrange Smith, <i>Publishing &amp; Communications Committee Lead</i>	301-254-5239	elagrangesmith@gmail.com
Rose Carter Melson, <i>Sunshine Committee Lead</i>	301-567-0657	rcartermelson@yahoo.com
Tracy Thomas, <i>Prayer Committee Lead</i>	301-928-8916	teethomas45@outlook.com
Roslyn Murphy, <i>1st Vice Chair &amp; New Member Outreach Committee Lead</i>	301-509-0702	rozpatty@hotmail.com
Lisa Walker, <i>Secretary &amp; Archives &amp; Registration Committee Lead</i>	301-908-8646	Elsieb99@gmail.com
Princess Martin, <i>Youth/Young Adult Committee Lead</i>	202-380-5586	Plmartin01@gmail.com
Delores Price, <i>Hospitality Food Committee Member</i>	240-353-3629	Delores.price2@aol.com



### Sisters of Fort Foote Baptist Church

We hope you enjoyed **YOUR** Kingdom Women Ministry Quarterly Newsletter.

Please be encouraged to submit topics and articles you would like to see in future newsletters or suggestions for Newsletter improvements. If you would like to join the KWM Newsletter Team, please contact:

**[elagrangesmith@gmail.com](mailto:elagrangesmith@gmail.com)**

*Your Continued Support is Greatly Appreciated!*